



Safety Rules for Swimming



1. Each child must have a signed permission form on file to participate in the swim program.
 2. Each schoolage child will be required to pass a swim test with the lifeguards in order to go in water over their heads.
 3. Each child must have his own swim suit and towel.
 4. Children will be instructed to follow the listed safety rules:
 - Approach the pool area in an orderly manner
 - Always walk in the pool area; running is strictly forbidden.
 - Dive or jump in the water only after checking to see that no one is in the way.
 - Play safely in the water—climbing on other children, pushing, rough play is not acceptable.
 - Leave the pool promptly and orderly when the designated swim time is over.
 5. Children will be escorted by a teacher when they leave the pool for any reason.
 6. Teachers will station themselves around the pool so that they can clearly see all of the children.
 7. Teachers will make every effort to encourage swimming skills and proper safety standards.
 8. Teachers will have a list of the children attending any swimming session along with each child's swimming ability and record of whether they have taken/passed the swim test.
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Please sign and return the permission slip

I have read and discussed the safety rules of the swim program with my child. I authorize my child to participate in the swim program in the care of Cool Spring Child Care Center.

Child's Name _____ Date _____

Signature of Parent or Guardian _____

How well does your child swim?
_____not at all _____beginner _____intermediate _____advanced

Special Instructions regarding your child and the water:
